



## Marijs Carrin

### CONSULTANT IN PUBLIC HEALTH

#### Details

Monteloro, (FI), Italy  
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#### DATE OF BIRTH

25.11.1977

#### NATIONALITY

Belgian

#### Skills

Teamwork

Computer Skills

Creativity

Microsoft Office

Initiative and Problem-solving  
Abilities

#### Languages

Dutch

English

French

Italian

– currently studying

## Profile

- Experienced Yoga Teacher, Sound Therapy Practitioner for Children & Adults since 2019.
- More than 10 years of experience working with various international nonprofit organizations, the United Nations and the German International Cooperation on a range of public health, education, and international development issues.
- Expertise in content management, review, data protection, and evaluation for mobile phone applications for Public Health.
- Experience in research, programme planning, management, implementation, monitoring and evaluation, data collection and analysis, communications, advocacy and resource mobilisation.
- Writing and editing of proposals and reports for international donors.
- Experience in writing briefing and promotional materials, reports, translating documents, and fact sheets.
- Communication and awareness raising on public health issues (HIV/AIDS).
- Excellent knowledge of international public health and development issues such as reproductive and child health, HIV/AIDS, Eye Health, and economic development.

## Employment History

### Institute Lorenzo de Medici, Firenze (Italy)

FEBRUARY 2024 -PRESENT

Part time (2x/week) Professor in Yoga studies: Breathing, Meditation, Spirituality

### Yoga/ Sound Healing Practitioner

JANUARY 2019- PRESENT

Since 2019, Kundalini Yoga Instructor, Sound Healing Practitioner, Gong Practitioner. Teaching in Ghent (Belgium) at schools, yoga centres, online, and for retreats. <http://www.zenrez.eu>

### Admin and Management at Tiezly Consulting International, Ghent, Belgium

JANUARY 2019 – AUGUST 2022

At our Consultancy "Tiezly (Timo, Esmé, Lyra) Consulting International", we offered:

- Expertise in management and development of public health programmes (Proposal writing, Implementation, Research, Facilitation)
- Administrative and Technical Assistance
- Expertise in Mobile Phones for public health (content management, content advice for public health mobile phone applications)
- Yoga and Sound Therapy classes

### Career Break, Nairobi (Kenya)

JULY 2015 – JUNE 2017

- Relocated to Nairobi with the family to support my husband's international assignment

### Content Manager Digital Health at Digital Campus, Firenze, Italy / Madrid, Spain (<https://digital-campus.org/>)

2013 – JULY 2015

Development of a mobile phone training course for health workers in Ethiopia; a projected funded by the UK, Department for International Development :

- Preparation of high-quality primary healthcare training content, activities and assessment for delivery via mobile devices to supplement existing paper-based course manuals.
- Directly responsible for uploading content onto the application (**OppiaMobile**)
- Develop and review digital training activities and assessment/evaluation for rural health workers.

- Source appropriate multimedia content, ensuring data protection and licensing conditions are met.
- Liaise and collaborate with major stakeholders.
- Assist in maintenance/updates of Twitter and Facebook accounts.

### **Web Assistant at Child Rights Connect, Geneva, Switzerland**

APRIL 2012 — FEBRUARY 2012

Development of the new website on the "International Coalition for the OPCRC (Optional Protocol to the Convention of the Rights of the Child) on a Communications Procedure  
<http://ratifyop3crc.org>

### **Productions, Editing, and Content for Guy Carrin , Geneva, Switzerland**

FEBRUARY 2010 — NOVEMBER 2011

Overall editing and formatting the book "Health Financing in the developing world: Supporting Countries' search for viable systems" (November 2012 by Academic & Scientific Press, Brussels Belgium)

### **Consultant at UNAIDS, London, England**

DECEMBER 2006 — JANUARY 2008

To support the HIV/AIDS Mainstreaming team in its knowledge management function:

- Desk review of selected documentation on HIV/AIDS and health systems;
- Summary of main findings;
- Discussion of these findings to inform the Mainstreaming team's work on supporting health interventions

### **Programme Resources Officer at London School of Hygiene and Tropical Medicine , London, England**

NOVEMBER 2005 — NOVEMBER 2006

- Coordination and Preparation of proposals to major organisations to obtain funding for the VISION 2020: The Right to Sight Programme.
- Maintaining close working relationships with international and national Eye Care Programme.
- Preparation of Resource Mobilisation strategy.

### **Consultant at International Community of Women living with HIV/AIDS (ICW), City of London**

OCTOBER 2005 — NOVEMBER 2005

Writing/Preparation/Finalisation of the Report of the first International Steering Committee Meeting

### **Programme Officer (HIV/AIDS) at German Agency for International Cooperation (GIZ), New Delhi, India**

SEPTEMBER 2004 — AUGUST 2005

- Coordination and Management of the GIZ HIV/AIDS Workplace Programme in India
- Preparation of GIZ manuals in relevant public health subjects
- Co-writing of the HIV/AIDS newsletter
- Writing of the GIZ staff induction booklet on HIV/AIDS
- Implementation of HIV/AIDS training sessions for all GIZ staff in India
- Coordination of working group on HIV/AIDS
- Communications assistant on staff queries related to HIV/AIDS
- Representation of GIZ in regional workshops
- Management of World AIDS Day Event on December 1, 2004
- Assessment of the quality of health services at various GIZ supported primary health care posts in Calcutta
- Assisting GIZ in the writing of funding proposals (for EU)

### **External Relations Officer (P2) at UNAIDS, Geneva, Switzerland**

APRIL 2003 — SEPTEMBER 2004

- Follow-up UNAIDS Country Departments to produce reports required by

- major donors, editing these reports
- Daily communication with major donors and managing their requests
- Preparation of briefing materials for outgoing missions by UNAIDS staff to donor capitals
- Representation of UNAIDS at various high level donor meetings
- Special assistance to the Executive Director of UNAIDS, Dr. Peter Piot, to the Netherlands during his meetings with the private sector, NGOs and Ministry of Foreign Affairs

**Technical and Administrative Officer at World ORT (Organisation for education resources, and technological training), Geneva, Switzerland**

JUNE 2001 — APRIL 2003

- Assistance to the Director with successful project implementation and management of projects in education, health, and nutrition, urban and rural development, mother and childcare
- Writing technical and financial project proposals, contracts and reports for official donors
- Co-ordination with local and international NGOs
- Editing and translation of technical documents (French-English)

**Internship at World ORT, Philippines**

JULY 1998 — AUGUST 1998

- Assistance to ORT Staff in the implementation of community based services.
- Assistance to trainers in the implementation of training sessions for women and mothers in small income-generating activities and health education.

**Education**

**Sound Therapy Practitioner, at Shift Meditation, Amsterdam, Netherlands**

MARCH 2020 — SEPTEMBER 2022

Sound therapy certification course for one to one sand group sessions

**Yoga Instructor , Karam Kriya School , Ghent, Belgium**

JANUARY 2019 — SEPTEMBER 2020

KRI Certified instructor Kundalini Yoga : 220 hour professional certification program

**Certificate, Institute for Technology and Social change , Florence, Italy**

JANUARY 2014 — DECEMBER 2014

Certificate : Mobile Phones for Public Health  
Online certificate programme

**Web Foundations Associate , Certified Internet Webmaster Program , Geneva, Switzerland**

SEPTEMBER 2011 — APRIL 2012

Web Foundations Associate Certificate

**Master in Public Health (MPH), Boston University, Boston, USA**

JANUARY 1999 — JANUARY 2000

MPH with concentration in International Health  
Thesis: The Transition Period in Mongolia : It's impact on maternal and child health and the renewed role of the government

**Bachelor of Arts Development Studies with Economics, University of Kent at Canterbury, Canterbury, Kent**

JANUARY 1996 — JANUARY 1999

**International Baccalaureate , International School of Geneva , Founex, Switzerland**

SEPTEMBER 1991 — JANUARY 1995